



BLISSFUL

LITTLE HOME

Fridge Organisation Guide

Your step-by-step guide to a fresher, calmer fridge, with less food waste and everything you need right where you can see it.

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Clear it out

An organised fridge makes everyday life a little easier. Meals come together faster, snacks are easy to find, and less food ends up in the bin. It all starts with a clean slate.

Empty everything out of the fridge shelves, drawers and door. Check the use-by dates as you go, and toss anything that's expired.

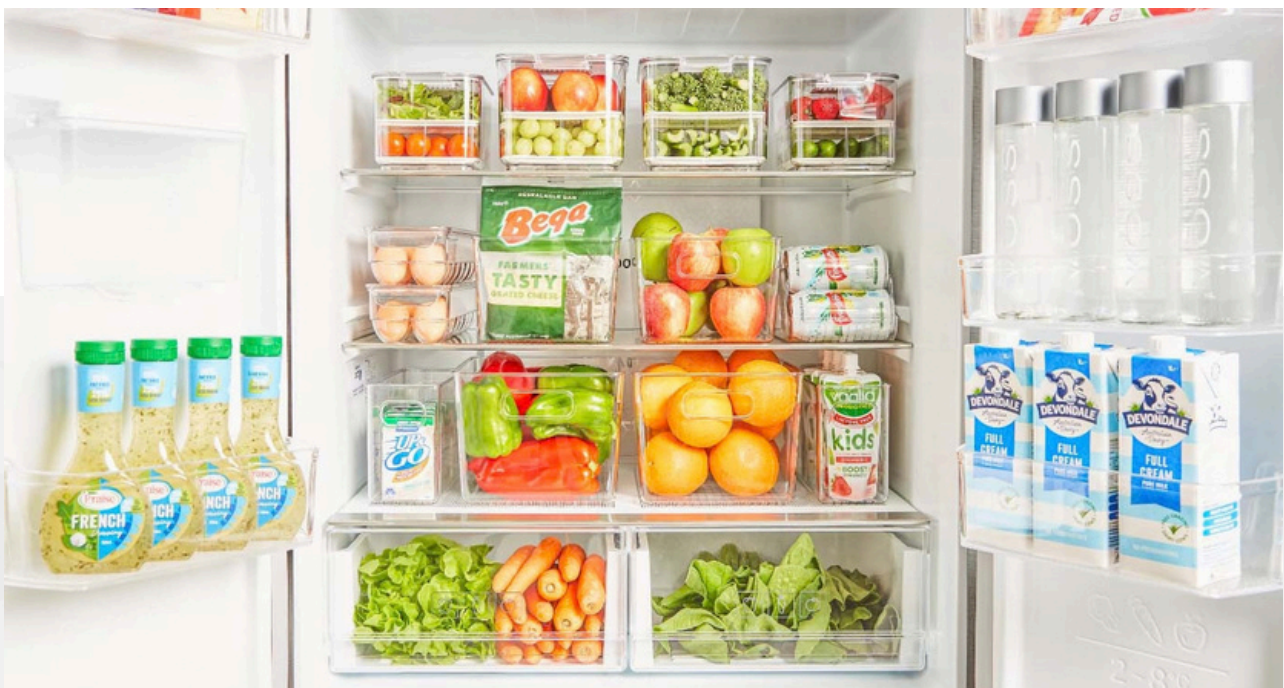
Now that the fridge is empty, wipe down the interior with warm soapy water, and pull out the crisper drawers to clean underneath. Give the outside a wipe too, including the handles and door seals, with an all-purpose cleaner or a mix of water and vinegar.

Measure your fridge space

Measure the height, depth and width of each shelf, so you know what will fit.

Consider:

- Which foods often go to waste in your house?
- Do you cook in big batches or smaller amounts?
- What do you reach for most often (snacks, produce, leftovers, etc)?
- Are your shelves adjustable, and do you have crisper drawers or a French door layout?



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Why the right storage matters



Keeps produce fresh for longer



Reduces food waste and saves money



See everything at a glance



Easy for the whole family to use

Know your fridge

There's no one right way to set up a fridge. The best layout is the one that suits your space, your household and the way you shop and cook. There are a couple of non-negotiables, and a few tips that help food keep at its best.



The non-negotiables

Your fridge should be running between 1°C and 5°C. Temperatures above 5°C allow bacteria to breed quickly, which can spoil dairy and meats.

Let hot dishes cool slightly before they go in, so they don't raise the temperature of your fridge. Once they've stopped steaming, it's safe to pop them in.

Good to know

Group similar items. Clear tubs, trays and containers turn each shelf into zones, so everything is easy to see and easy to grab.

Keep what you use most where you'll see it. Everyday items at eye level, and anything that needs using up at the front.

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Choosing Your Storage

Fresh Keeper Containers

Designed to keep your fruit and veg fresher for longer. Adjustable air vents in the lid help regulate airflow and moisture, and a raised insert keeps produce up off the base, away from condensation.

The containers in the 2 Set also include drainage plugs and removable dividers, so you can keep different produce separated in one container.

Fresh Keepers are available in multiple sets to suit your needs. The Fridge Freshness Storage Set includes five Fresh Keepers and a divided Lazy Susan.



Fresh Keeper 3 Set

2 x 14.2 x 14.2 x 11.7cm
1 x 31.5 x 16.3 x 14.5cm



Fresh Keeper 2 Set

1 x 23.5 x 14.5 x 12.2cm
1 x 27.5 x 17 x 14.5cm

Using the vents. Leave the vents open for most fruit. Keep them closed for most vegetables, leafy greens, anything that tends to wilt, and any cut produce.

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Leftovers

Leftovers and half-used ingredients tend to disappear to the back of the fridge. Glass containers keep them sealed, fresh and easy to find.

Tip: Let hot food cool slightly before sealing the lid.



Glass Food Storage Containers

Made from durable borosilicate glass with airtight, silicone lids. Suitable for use in the fridge, freezer, microwave, dishwasher, and oven, so you can store, reheat and serve from the same dish.

For a full size-by-size breakdown and recipes, see our [Ultimate Meal Prep Guide](#), free on our website.



Everyday grab-and-go

Make snacking easy for the kids. An organised fridge means fewer calls of "what can I eat?" Keep healthy snacking options easily accessible, ideally at their eye level.

Tip: Create an "eat first" area for anything that needs using up in the next day or two.

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Clear Storage Tubs

Open-top tubs with built-in handles. Place them on your shelves to create storage zones and keep loose items in order.

Small: 26 x 9.5 x 15.5cm

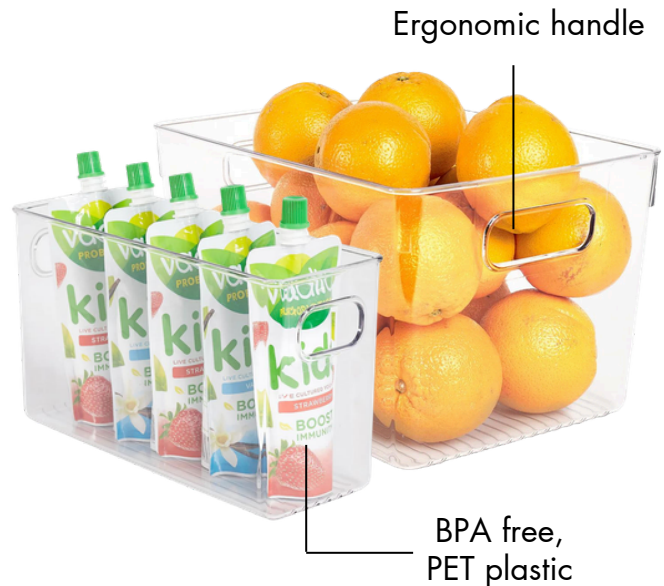
A slim tub for squeeze pouches, drink boxes, and other small items.

Medium: 25 x 19 x 14cm

Great for dairy items like dips and yoghurt, or for condiments.

Large: 29 x 22 x 17cm

Fits larger fruit and veg, deli meats and cheese packets.



Storage Trays

An alternative to the tubs, these trays have a lower profile, perfect for fridge shelves that don't have a lot of space between them. The sleek edges sit flush against each other to maximise space.

Small: 36 x 10.5 x 11cm

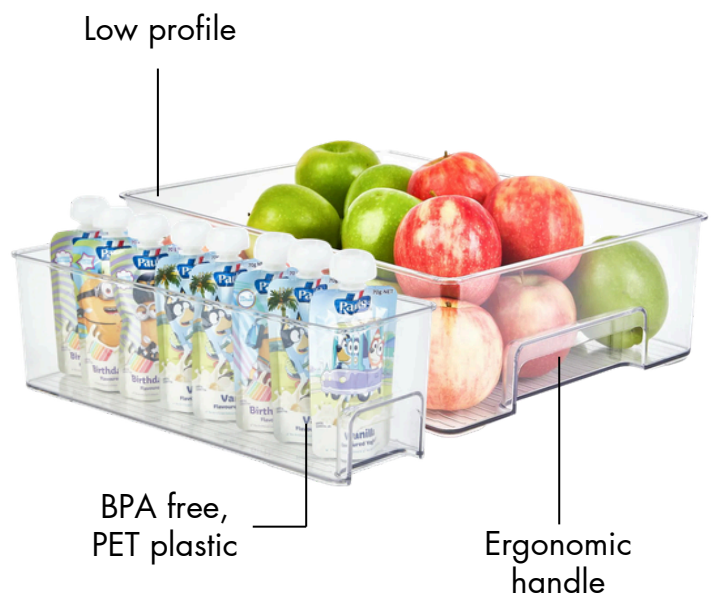
Butter, dips, small jars.

Medium: 36.5 x 20 x 11cm

Cheeses and deli items.

Large: 38 x 28 x 11cm

Fruit and larger items.



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Lazy Susan with Dividers

A turntable with removable dividers (up to five compartments). Jars and spreads come to the front with a spin, so you're not knocking things over to reach the one at the back.



Egg Fridge Storage Tray

A lidded tray that holds up to 14 eggs. Stackable design features a sturdy flat lid to maximise shelf space. See exactly how many eggs you have left at a single glance, so you never run out mid-recipe again.



Can Organisation Tray

Designed to seamlessly replace messy cardboard packaging, this dedicated tray keeps your soft drinks neatly sorted and instantly accessible.

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Our Value Packs



If fruit and veg is your biggest frustration

Fridge Freshness Storage Set: five Fresh Keepers in four sizes plus a divided Lazy Susan.



If you're feeding a busy family

Ultimate Fridge Organisation Set: storage tubs in three sizes, plus Fresh Keepers, egg trays and a can tray.



If you prefer using trays

Blissful Fridge Storage Set: storage trays in three sizes with Fresh Keepers, an egg tray and a can tray.



If you meal prep or cook in batches

Glass Meal Prep Sets: from 3 to 12 pieces in rectangle, square and round.

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Re-loading your fridge

With everything sorted into its storage, give each shelf a job that suits how your household uses the fridge.

These ideas work well for most homes:

- Most used items at eye level
- Fruit and veg in Fresh Keepers on a shelf or in the crisper
- Eggs and cans in their trays
- Condiments in the door, or in a Lazy Susan on the top shelf
- Snacks within reach of little hands

Keep the shortest-dated items toward the front, so nothing gets forgotten.

Give it a week or two and see how it feels. If something keeps ending up in the wrong spot, move its home to where it naturally goes. What matters most is that it works for your household.



Caring for your fridge storage

Fresh Keepers, tubs, trays, Lazy Susan, egg tray and can tray: Hand wash only in warm water, as the dishwasher can affect their clarity and shape. Let every piece dry fully before putting it back, and take out the Fresh Keeper inserts between uses for a proper clean.

Glass containers: The glass bases are dishwasher safe (top rack recommended).



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Maintain the calm

A fridge only needs a quick reset once a week. The night before your grocery shop works well: check what needs using, move anything close to its date into your "eat first" area, wipe up spills, and write your list from what's missing.

Every month or so, take everything out and give your shelves and crisper a proper wipe.



Your blissful fridge starts here

With the right storage in place and a quick weekly reset, you'll open the fridge and know exactly what you have and what you need.

Shop our premium fridge storage ranges at blissfullittlehome.com.au

We're always here to answer any questions, so feel free to email our friendly customer service team at hello@blissfullittlehome.com.au

Love how your fridge turned out? Tag us, we'd love to see it! [@blissfullittlehome](https://www.instagram.com/blissfullittlehome)

